



Prenatal Care

*Caring for our
Pregnant Patients*

Thousands of pregnant moms are battling active substance abuse. Retreat can help.

Battling the effects of substance abuse withdrawal shouldn't be a baby's first experience in the world.

But, for thousands of newborns delivered every year across America, that's exactly what happens. Indeed, more than 20,000 moms-to-be between the ages of 15 and 44 are struggling with a substance abuse disorder during pregnancy (SAMSHA). And, according to the National Institute on Drug Abuse, one newborn is born in America with opiate withdrawal every 25 minutes.

Prenatal Care: Caring for our Pregnant Patients

Thousands of pregnant moms are battling active substance abuse. Retreat can help. The dangers of substance misuse during

pregnancy are real – and in some cases, irreversible. They include seizures, mental retardation, physical and cognitive heart defects, and more. Plus, the ramifications can be financial: Average hospital costs for newborns diagnosed with NAS can soar to as much as \$66,700, versus just \$3,500 for babies born without NAS.

Retreat Behavioral Health is proud to have Board Certified OBGYN Dr. Kristi Dively, DO, as an integral member of our full-time medical staff. Dr. Dively commands nearly two decades of combined experience in obstetrics and addiction medicine, and heads up an innovative, industry-leading substance abuse treatment program specifically for pregnant women at our facility in Lancaster County, PA.

Under her watchful eye, women who are up to 32 weeks pregnant undergo medical detox and inpatient treatment that is tailored



Kristi Dively, D.O.

BOARD CERTIFIED OB/GYN

Dr. Dively did her undergraduate work at West Chester University of Pennsylvania and attended medical school at Lake Erie College of Osteopathic Medicine. She completed a residency in Obstetrics and Gynecology at Memorial Hospital in York, PA and worked in private practice in Phoenix, Arizona and Lancaster, PA for 5 years. She then worked in a non-clinical position for 4 years doing Medicare compliance reviews before getting back into patient care and working in Addiction Medicine. She is board-certified in OB/GYN and a fellow of the American College of Osteopathic Obstetricians and Gynecologists.

to their distinct circumstances in pregnancy. These patients enjoy the same world-class substance abuse treatment that has helped thousands of Retreat alumni turn their lives around.

SOME OF THE SERVICES WE OFFER INCLUDE:

- Access to Retreat's full-time OBGYN Dr. Kristi Dively.
- On-site medical team that specializes in treating addiction but also tending to the unique needs of pregnant women.
- Mental health specialists who can diagnose and treat a variety of mental health disorders.
- Collaboration with local doctors and healthcare providers to ensure a full continuum of care both during and post-treatment.
- Robust alumni program and outpatient resources to provide continued support and accountability for patients.
- Outpatient and family groups to help loved ones deal with the difficulties of substance abuse and prepare families for the challenges of raising newborns whose mom is in recovery.

