



SYNERGY
HEALTH PROGRAMS



Practical Mental Health Solutions

YOUR SCHEDULE | YOUR HEALTH | YOUR LIFE

Synergy Health Programs is a leading mental health care provider. Our clinical professionals help our patients understand and treat a variety of mental health disorders and overcome everyday challenges, while developing the tools for long-term success in the outside world.

Healing starts with a confidential evaluation with one of our mental health professionals. Afterwards, our team of clinical therapists, psychologists, and psychiatrists will make a clinical recommendation as to what course of action would be best to suit our patients' needs, from individual psychotherapy to residential treatment, depending on the circumstances.

WHAT WE TREAT:

- Depression
- Anxiety
- PTSD
- Grief & Loss
- Trauma
- Personality Disorders & more

We offer all levels of care, from long-term inpatient stays to flexible counseling and outpatient solutions that are tailored to fit into our patients' busy lives. No matter what's brought you into Synergy Health Programs, we're here for you.

Learn more at www.retreatbehavioralhealth.com.



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Synergy Health Programs is a division of leading healthcare provider Retreat Behavioral Health, specializing in mental health care and psychotherapy. With a number of locations along the East Coast and a variety of inpatient and outpatient services, Synergy helps patients access the best quality of care in holistic and peaceful environments. We are in-network with most major insurances, and our admissions department operates 24/7. Our clinical and psychiatric staff are leaders in their fields, committed to working tirelessly on behalf of our patients.



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