



# Comprehensive Mental Health Services



## OUR PROGRAM OFFERS:

- Safe medication management
- Partial or complete drug washouts
- Co-occurring disorder capabilities for individuals who self medicate
- Non-pharmacological options (such as Brainsway DTMS)
- Ancillary holistic treatment for a whole body approach
- A deeper level of structure and support (24/7 licensed nursing team)
- Intensive therapeutic engagement during treatment
- Team of mental health professionals
- Safe and serene environment to focus on healing



## WHAT IS SYNERGY HEALTH PROGRAMS?

Synergy Health Programs is a leading provider of behavioral health services dedicated to helping heal our patients struggling with mental health conditions.

We offer clinical therapy and counseling services to navigate a variety of issues and concerns. With residential and outpatient locations along the East Coast, we have a full continuum of care providing services from residential to outpatient group therapy.

### Treat for:

- Depression
- Anxiety
- Bipolar Disorder
- PTSD
- Grief & Loss

### Therapies Utilized:

- EMDR
- ACT
- Group Therapy
- Individual Therapy

Learn More About Synergy!



## Connect With Us



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